

# SPARG

## WHAT IS SPARG?

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Scottish Physiotherapy Amputee research group (SPARG) was established in June 1991 and membership of the group comprises every senior physiotherapist in Scotland with a clinical responsibility for amputee patients.

The group has three declared aims:-

- A. To develop and implement a standardised system of information collection and analysis for amputee patients
- B. To evaluate current physiotherapy practice concerning the management of amputees and to disseminate the results
- C. To act as a forum for discussion and debate

## AVAILABLE LITERATURE?

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### 1. ANNUAL SPARG REPORT £15

Annual report of data collected from lower limb amputees in Scotland. Every lower limb amputee has a Discharge Summary Form completed and the report is a comprehensive summary of the national statistics and trends in the data.

### 2. EXERCISE THERAPY FOR PATIENTS WITH INTERMITTENT CLAUDICATION £10

This is an evidence based guideline for the development and running of exercise classes for patients with Intermittent Claudication.

### 3. PPAM AID GUIDELINES £15

This new guideline discusses many areas of PPAM aid use related to available evidence and presents the findings e.g. patient assessment, bilateral amputees and the advantages and disadvantages of its use.

### 4. A PHYSIOTHERAPISTS GUIDE TO PROSTHETIC KNEE MECHANISMS AND GAIT TRAINING REQUIREMENTS £15

This new guide is now available and includes the following sections;

A quick reference knee guide, An overview of normal gait and implications for gait training, Gait training and prosthetic knee issues, generic knee types and implications for physiotherapy.

## SPARG MEETINGS AND STUDY DAYS

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SPARG members meet biannually at the National Centre for Training and Education in Prosthetics and Orthotics (NCTEPO) Glasgow, Scotland. SPARG also organise study days, details of which can be found on the interactive CSP website [www.interactivecsp.org.uk](http://www.interactivecsp.org.uk)

## CONTACTS

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## PAYMENTS

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Send enquires for available literature to BACPAR rep Sally Thomson  
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